

59th Annual Convention of the Philippine Orthopaedic Association
“Moving Up: Upper Extremity Trauma and Arthroplasty”
November 18-22, 2008
Sofitel Philippine Plaza Manila

DAY 1 (TUESDAY NOV. 18, 2008)

Registration (10:00 am – 3:00 pm, Sofitel Lobby)

SPORTS

6:00 am - 12:00 nn	Golf – Villamor Golf & Country Club
8:00 am - 12:00 nn	Badminton – Feathers and Strings, Intramuros, Manila
1:00 pm	Bowling & Billiards – SM Mall of Asia

6:00 pm Philippine Orthopaedic Society for Sports Medicine Annual Meeting
 (Gloria Maris, CCP Complex)

DAY 2 (WEDNESDAY NOV. 19, 2008)

Registration (between 8:00am – 5:00pm)

7:30 – 8:30 Mass – Leyte Room

8:30 – 9:00 Orientation of New POA Fellows (Dr. Lauro R. Bonifacio, POA Secretary)- Leyte Room

9:00 – 11:30 Residents’ Research Forum (Dr. Geoffrey R. Battad, Chairman)

9:00 – 11:10 2 Simultaneous Free Paper Sessions

12:00 – 3:00 Working Lunch/POA Business Meeting

4:00

OPENING CEREMONIES

- Welcome Address/Induction of New POA Fellows and PBO

- Keynote Address

FELLOWSHIP NIGHT

DAY 3 (THURSDAY NOVEMBER 20, 2008)

ICL I: Philippine Musculoskeletal Tumor Society - Pathologic Fractures of the Extremities: Prophylaxis, Internal Fixation and Joint Reconstruction (Leyte Function Room)

Session Chairman: Dr. Rafael C. Claudio

Moderators: Drs. Rafael C. Claudio & Melito Antonio P. Ramos

7:15 – 7:35 Upper Extremities (Dr. Marie Jeanne L. Bertol)

7:35 – 7:55 Pelvis and Acetabulum (Dr. Raymond Silverio S. Barba)

7:55 – 8:15 Lower Extremities (Dr. Ivan John P. Concepcion)

8:15 – 8:45 Open Forum

ICL II: Philippine Hip & Knee Society - Basic Hip Arthroplasty Course (Samar Function Room)

Session Chairman: Dr. Peter B. Bernardo

Moderators: Drs. Wilfredo B. Pacheco, Benigno A. Agbayani, Jr.

7:00 – 7:15 Preoperative Templating for THA (Dr. Paul Cesar N. San Pedro)

7:15 – 7:30 Surgical Approaches to the Hip (Dr. Juan Antonio Maximiano R. Escano)

7:30 – 7:50 The Cemented THA (Dr. Albert U. Dy)

7:50 – 8:10 The Cementless THA (Dr. Christopher S. Mow)

8:10 – 8:25 Acetabular Reconstruction in THA (Dr. Gregorio M. S. Azores)

8:25 – 8:45 Open Forum

8:45 – 9:00 Coffee Break

PLENARY SESSION I: Upper Arm Trauma (Philippine Orthopaedic Trauma Society)*Session Chairman: Dr. Mario B. Geronilla**Moderators: Drs. Gualberto T. Basco, Mark L. Macias*

- 9:00 – 9:30 Acute Acromio-Clavicular Injury: Treatment Options (Dr. Jose S. Pujalte, Jr.)
 9:30 – 10:00 Clavicular Fracture: Fixation Anyone? (Dr. Edwin Jerd T. Siatan)
 10:00 – 10:30 Complex Proximal Humerus Fractures: When to Fix, How to Fix and When to Replace?
 (Dr. Edward V.A. Lim)
 10:30 – 10:45 Open Forum

**PLENARY SESSION II: Injuries to the Hand, Carpus, and Distal Radius - Part 1
(Philippine Society for the Surgery of the Hand)***Session Chairman: Dr. Tammy L. Dela Rosa**Moderators: Drs. Ida S. Tacata, Angel C. Gozum*

- 10:45 – 11:15 Fracture-Dislocations of the PIP (Dr. John T. Capó)
 11:15 – 11:45 Painful Wrist (Dr. Pak Chung Ho)
 11:45 – 12:00 Open Forum
 12:00 – 1:15pm LUNCH SYMPOSIUM (PFIZER)
 From Medical to Surgical: Treatment Synergies using Multi-Modal Analgesia in Degenerative Osteoarthritis (Perry P. Tan MD, FPRA, Ricardo F. de Castro, MD, DPSA, Peter B. Bernardo, MD, FPOA)

**PLENARY SESSION III: Injuries to the Hand, Carpus and Distal Radius – Part 2
(Philippine Society for the Surgery of the Hand)***Session Chairman: Dr. Tammy L. Dela Rosa**Moderators: Drs. Jose Ma. D. Bautista, Emmanuel P. Estrella*

- 1:30 – 2:00 Updates on Distal Radius Fractures (Dr. John T. Capó)
 2:00 – 2:25 Perilunate Dislocations/Complex Carpal Trauma (Dr. Tammy L. Dela Rosa)
 2:25 – 2:45 Updates on the Management of Scaphoid Fractures (Dr. Pak Chung Ho)
 2:45 – 3:00 Open Forum
 3:00 – 3:10 Coffee Break

PLENARY SESSION IV: Special Plenary Session*Session Chairman: Dr. Julyn A. Aguilar**Moderator: Drs. Rolando Angelo T. Ochoa, Leo O. Olarte*

- 3:10 – 3:30 Revolutionary Intramedullary Nail (Dr. Ramon B. Gustilo)
 3:30 – 3:50 Hip Joint Replacement in Teens and Young Adults: How Good an Option Is It?
 (Dr. Christopher C. Mow)
 3:50 – 4:05 Open forum
 4:05 – 4:25 Use and Abuse of Antibiotics in Orthopedic Surgery (Dr. Ramon B. Gustilo)
 4:25 – 4:55 Patient Safety in Surgery – Dr. Armando C. Crisostomo
 4:55 – 5:10 Open forum
 5:10 Adjourn
- 4:00 – 8:00 *Philippine Shoulder Society Annual Meeting*
 4:00 – 6:00 *Philippine Board of Orthopaedics (PBO) Meeting (Dr. Venancio P. Garduce, Jr., Chairman) Boracay Room*
Computer Graphics for teaching in Orthopedic Surgery – Drs. Rodolfo V. Frez/Rafael C. Bundoc
(Samar Room)
- 5:00 – 6:00 AO Alumni Organizational Meeting (Mindoro room)
 6:00 PM PBO Awarding of Outstanding Residents & Topnotchers of In-Training Exams
(Boracay Room)
PSS Night – Leyte Room
 PRESIDENTS NIGHT – Site Picados
 ALUMNI/CHAPTER NIGHT/FREE NIGHT

DAY 4 (FRIDAY, NOVEMBER 21, 2008)**ICL III: Philippine Shoulder Society - Basic Shoulder Arthroplasty (Leyte Function Room)***Session Chairman: Dr. Jose S. Pujalte, Jr.**Moderators: Drs. Alex Supapo, Jose Fernando Syquia*

7:15 – 8:45 Shoulder Arthroplasty (Drs. Edward V.A. Lim & Keith Kenter)

ICL IV: Philippine Society for the Surgery of the Hand - Complex Elbow Injuries (Samar Function Room)*Session Chairman: Dr. Tammy L. Dela Rosa**Moderators: Dr. Leo Daniel D. Caro*

7:15 – 8:30 Complex Fractures and Fracture/Dislocations of the Elbow (Dr. John T. Capo)

8:30 – 8:45 Open Forum

8:45 – 9:00 Coffee Break

PLENARY SESSION V: Lower Arm Trauma (Philippine Orthopaedic Trauma Society)*Session Chairman: Dr. Arturo C. Cañete**Moderators: Drs. Jose Maria R. Coruña, Hilario M. Diaz*

9:00 – 9:25 Revisiting Supracondylar Fractures: What's New? (Dr. Joseph L. Lai)

9:25 – 9:50 Updates on Trauma Registry (Dr. David L. Alagar)

9:50 – 10:15 Intraarticular Fractures of the Distal Humerus (Dr. Reynaldo E. Ang)

10:15 – 10:30 Open Forum

PLENARY SESSION VI: Shoulder Pathologies (Philippine Shoulder Society)*Session Chairman: Dr. Emily H. Tanchuling**Moderators: Drs. Orson V. Odulio, Manuel V. Pecson*

10:30 – 10:45 Basic Shoulder Arthroscopic Technique (Prof. Young Moon)

10:45 – 11:05 MRI Imaging of the Shoulder Region (Dr. Rafael F. Joson)

11:05 – 11:20 Arthroscopic Management of SLAP Tears (Dr. Alberto Ma. V. Molano)

11:20 – 11:35 Shoulder Instability: How to Evaluate and Treat? (Prof. Young Moon)

11:35 – 11:50 Arthroscopic Treatment of Rotator Cuff Tears (Dr. Alberto Ma. V. Molano)

11:50- 12nn Open Forum

12:00 – 1:15pm LUNCH SYMPOSIUM (MSD)

PLENARY SESSION VII: Updates on Upper Cervical Spine Trauma and Other Conditions (Philippine Spine Society)*Session Chairman: Dr. Tiong Sam Lim***C5-C6 Facet Dislocation with Incomplete SCI***Moderator: Dr. Paolo Antonio R. Punsalan*

1:30 - 1:45 Immediate / Early Reduction then MRI / Surgery (Dr. Samuel Arsenio M. Grozman)

1:45 - 2:00 MRI First then Reduction or Surgery (Dr. Dave Anthony G. Dizon)

2:00 - 2:15 Open Forum

C5-C6 Disc Herniation (soft) with C6 Radiculopathy*Moderator: Dr. Rafael C. Bundoc*

2:15 - 2:30 Disc Replacement is the Best Choice (Dr. Mario R. Ver)

2:30 - 2:45 Anterior Cervical Discectomy and Fusion is Best (D. Jose Martin S. Paiso)

2:45 - 3:00 Laminoforaminotomy is the Best Choice (Dr. Eric Dennis C. Legaspi)

3:00 -3:15 Selective Nerve Block is the Best Solution (Dr. Antonio Yap)

3:15 - 3:30 Open Forum

Stenosis / Spondylosis and Myelopathy; Neutral to Lordotic Spine C4-C7*Moderator: Dr. Adrian B. Catbagan*

3:30 - 3:45 Anterior Corpectomy and Fusion, Best Solution (Dr. Larry V. Acuña)

3:45 - 4:00 Posterior Laminoplasty, Best Solution (Dr. Ronald B. Pidlaon)

4:00 - 4:15 Posterior Laminectomy and Fusion, Best Solution (Dr. Jose Manuel F. Ignacio)

4:15 - 4:30 Open Forum

4:30 Adjourn

7:00PM CONGRESS BANQUET

DAY 5 (SATURDAY, NOVEMBER 22, 2008)

ICL V: Philippine Hip & Knee Society - Basic Knee Arthroplasty Course (Leyte Function Room)

Session Chairman: Dr. Peter B. Bernardo

Moderators: Drs. Reynaldo E. Ang, Cirilo R. Tacata

- 7:15 – 7:30 The Non Operative OS Treatment – What’s new in Viscosupplementation (Dr. P. Thiagarajan)
- 7:45 – 8:00 Preoperative Templating and Surgical Approaches in TKR (Dr. Ilustre I. Guloy)
- 8:00 – 8:15 TKR in Varus Knee (Dr. Antonio Liberato A. Leagogo)
- 8:15 – 8:30 TKR in a Valgus Knee (Dr. Ramon B. Gustilo)
- 7:30 – 8:45 Patella: Resurface or Not to Resurface (Dr. Antonio N. Tanchuling, Jr.)

ICL VI: Philippine Spine Society - Surgical Treatment for Upper Cervical Spine Lesions (Samar Function Room)

Session Chairman: Dr. Tiong Sam Lim

Moderator: Dr. Antonio B. Sison

- 7:15 – 7:35 Surgical Anatomy in Upper Cervical Spine Lesions (Dr. Kwai Yau Fung)
- 7:35 – 7:55 Surgical Treatment in Upper Cervical Spine Lesions (Dr. Kwai Yau Fung)
- 7:55 – 8:15 Management of Pediatric Upper Cervical Spine Lesions (Dr. Kwai Yau Fung)
- 8:15 – 8:45 Open Forum
- 8:45 – 9:00 Coffee Break

PLENARY SESSION VIII: The Upper Extremity in Sports Medicine (Philippine Orthopaedic Society for Sports Medicine)

Session Chairman: Dr. Venancio P. Garduce, Jr.

Moderators: Drs. Albert U. Dy, Jose Javier J. Suntay

- 9:00 – 9:20 Mini-Open Rotator Cuff Repair (Dr. Antonio A. Rivera)
- 9:20 – 9:40 Elbow Sports Injuries (Dr. Jose Raul C. Canlas)
- 9:40 – 10:00 The 2nd Generation Articular Cartilage Implantation – MACI (Dr. P. Thiagarajan)
- 10:00 – 10:20 Impingement Syndrome (Dr. Keith Kenter)
- 10:20 – 10:30 Open Forum

PLENARY SESSION IX: The Methods of Ilizarov in the Upper Extremity (Association for the Study and Application of the Methods of Ilizarov)

Session Chairman: Dr. Juanito S. Javier

Moderator: Dr. Emmanuel de la Paz

- 10:30 – 10:50 Uses of Ilizarov in the Upper Extremity (Dr. Frederick Patrick I. Nicomedez)
- 10:50 – 11:10 Ulnar Lengthening in Multiple Exostosis (Dr. Julyn A. Aguilar)
- 11:10 – 11:30 Correction of Soft Tissue Contractures using Ilizarov (Daniel V. Dungca)
- 11:30 – 11:50 Recent Advances in Ilizarov Surgery (Juanito S. Javier)
- 11:50 – 12:00 Open Forum
- 12:00 CLOSING CEREMONIES
- 12:10 LUNCH SYMPOSIUM – NOVARTIS
Innovations in Osteoporosis Treatment: Emerging Indications for Zoledronic Acid – Dr. Antonio N. Tanchuling, Jr.