



Philippine Orthopaedic Association, Inc.

A Surgical Specialty Society recognized by the Philippine College of Surgeons and the Philippine Medical Association

TO: DEPARTMENT CHAIRMAN &
TRAINING OFFICERS
PBO-ACCREDITED TRAINING INSTITUTIONS

Dear Doctors:

The POA research Committee has come up with additional set of guidelines for the Poster presentations, free and research forum papers for this year. This is in connection with the membership of the POA to the Health Research and Development Information Network (HERDIN <http://www.herdin.ph>) Neon database. It contains researches that have been published locally from different areas of discipline. The POA now will start to upload researches to this database so that anyone could access the articles depending on levels of security. This requires a lot of formatting issues to make all researches appear in a uniform presentation so that it would be properly uploaded into the internet for the public.

Moreover the guidelines for the research forum, poster and free paper presentations given early this year, we now present you below some corrections and additional formatting tips.

We just would also like to reiterate the deadlines for the submission of papers with the schedule provided below.

Sincerely,

GEOFFREY R. BATTAD, MD, FPOA
Chairman
POA Research Committee



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FORUM PAPERS

For posters presentations and free papers, please submit your abstracts together with the complete details of the authors and the institution. A guide below will help you go about your abstracts.

An abstract is a short summary of your completed research. If done well, it makes the reader want to learn more about your research.

These are the basic components of an abstract in any discipline:

- 1) Introduction/Motivation/problem statement: Why do we care about the problem? What practical, scientific, theoretical or artistic gap is your research filling?
- 2) Methods/procedure/approach: What did you actually do to get your results?
- 3) Results/findings/product: As a result of completing the above procedure, what did you learn/invent/create?
- 4) Conclusion/implications: What are the larger implications of your findings, especially for the problem?

Abstract Format

Type the text in Arial font, 10 point.

The title should be capitalized and bold, followed by the authors' names and institution.

Underline the presenting author's name and place * after the primary author, ** for the secondary author and *** for the senior author

Abstract should be single spaced.

At the end of the abstract, skip a line and include 'Key words'.

Note that the 300 word limit does NOT include the title, authors and department information, and key words. Abstracts that exceed the 300 word limit will be returned for modification.

How to Meet the Word Limit

Most authors agree that it is harder to write a short description of something than a long one. Here's a tip: for your first draft, don't be overly concerned about the length. Just make sure you include all the key information. Then take your draft and start crossing out words, phrases, and sentences that are less important than others. Look for places where you can combine sentences in ways that shorten the total length. Put it aside for a while, then come back and re-read your draft. With a fresh eye, you'll probably find new places to cut. Before you know it you will have a tightly written abstract.

Below is a good example of an Unstructured Abstract

THE LISTERIA MONOCYTOGENES P60 PROTEIN IS NOT ESSENTIAL FOR VIABILITY IN VITRO, BUT PROMOTES VIRULENCE IN VIVO

Sina Mohammedi, 2002 UC Day nominee and runner-up

Intracellular pathogens (agents which infect host cells), such as Mycobacterium tuberculosis and Listeria monocytogenes, cause very high mortality rates in the United States. Therefore, deciphering the mechanisms through which the pathogens cause disease is of great interest. Listeria infection of mice is a well-developed model system for studying the fundamentals of host-pathogen interactions. In vitro assays in animal cell cultures have helped show that Listeria causes illness by secreting molecules, called virulence factors, to the outside of the bacterial cell in order to affect the host organism. My work involves one such secreted protein, called p60. P60 is an antigen (an agent seen by the host immune system) implicated in regulated bacterial cell wall breakdown. The objective of this study was to examine two questions: first, is p60 essential to the



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viability of Listeria, as previously published? and second, is p60 a virulence factor in Listeria? To examine these questions, I constructed a Listeria strain lacking p60 (p60-). This new strain displayed no defect in viability. In fact, most standard in vitro pathogenicity assays were normal for p60-. However, when p60- was tested in a mouse (in vivo), a 1000-fold reduction in virulence was observed. This discovery suggests that p60 is indeed a key factor in the disease-causing ability of Listeria, but not essential for viability. Future studies will focus on the precise role of p60 in Listeria pathogenesis. This work increases our understanding of such diseases as tuberculosis, various food poisonings, and meningitis.

Key words:

RESEARCH FORUM PAPER

Hard Copy: The whole paper must not contain the name of the Institution besides page 2. Follow the format below: (4 sets)

Page 1 Title of Paper without authors
Page 2 Title of Paper with Authors/Institution
Page 3 Abstract

Page 4 Onwards:

- I. INTRODUCTION
- II. METHODOLOGY
 - a. Methodology Subtypes
- III. RESULTS
- IV. DISCUSSION
- V. CONCLUSION
- VI. ACKNOWLEDGMENT (Optional)
- VII. REFERENCES
- VIII. TABLES
 - a. **Table 1:** *Caption/Table Title here/Use this format*
 - b. **Table 2:** *Use this format...*
- IX. FIGURES
 - a. **Figure 1.** *Figure Title/Caption Here*

Soft Copy:

- Word Format and may contain the name of the institution and additional co-authors.
- Include .jpg file format of the images/figures within the paper with a 300 dpi resolution or file directly copied from a digital camera. Name the files as it is described in your paper. (E.g. Figure1, Figure1a and so on.)
- Can be emailed or submitted in any data transfer media. (CD/DVD/Diskettes/Flash Drives)