

GERIATRIC ORTHOPAEDICS: Best Evidence for Better Care



61ST Annual Congress of the
Philippine Orthopaedic Association
November 17-20, 2010
EDSA Shangri-la Hotel, Mandaluyong City, Philippines



A Message from the President

I am pleased to invite you and participate in the Philippine Orthopedic Association's 61st Annual Congress. The theme for this year's meeting, "Geriatric Orthopedics: Best Evidence for Better Care" gives emphasis to care and compassion for the much regarded and yet unobserved Elderly population.



The growing number of older adults increases demands on the public health system and on medical and social services. Increased life expectancy reflects, in part, the success of public health interventions, but public health programs must now respond to the challenges created by this achievement, including the growing burden of chronic illnesses, injuries, and disabilities and increasing concerns about future caregiving and health-care costs. The demographic transition will alter dependency ratio and impose a double burden in developing countries where infectious diseases and maternal as well infant mortality rates are lingering public health issues. The Philippine Orthopedic Association as early as 2004, in collaboration with other professional organizations, has initiated efforts in studies related to the burden of common orthopedic conditions in the elderly. Aging is gradual and its consequences tend to appear slowly and predictably. Thus, policymakers have time to deal with these issues before they become acute problems. The theme for this year's meeting is just timely and relevant.

The Organizing Committee has invited an interesting group of prominent speakers from different places, who will talk on currently fascinating topics and share their wealth of experience. The scientific sessions were designed not only to inform but also to inspire and persuade. May this wonderful meeting bring forth new friendship and build closer ties not only in the ASEAN region but all over the world.

I would like to wish everybody a fruitful and enjoyable meeting. And once again, to all our distinguished guests, fellows and sponsors,

Welcome andMABUHAY

Lauro Bonifacio

LAURO R. BONIFACIO, MD, FPOA

President

PHILIPPINE ORTHOPAEDIC ASSOCIATION
61ST ANNUAL CONGRESS
“Geriatric Orthopaedics: Best Evidence for Better Care”
PROGRAMME OF ACTIVITIES

NOVEMBER 16 [Tuesday]

0500-0700	Discussion with Prof. M Bhandari	[Camia Room]
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NOVEMBER 17 [Wednesday]

0800	Orientation of New Fellows	[Mactan 1]
0800	PBO Meeting	[Palawan 1]

Phil. Council for the Bone and Joint (PCBJD) Activities [Isla I & II]

Moderator: AR Quidlat

0900-0915	BJD: The Decade	<i>LR Bonifacio</i>
0915-0930	BJD: Beyond 2010	<i>E Penserga</i>
09030-0945	MSUS: An Old Technology with a New Look	<i>SMO Aycardo</i>
090:45-1000	Road Safety: Motorcycle Accidents	<i>MB Geronilla</i>
100:00-1015	Consensus Guidelines on Osteoporosis Prevention, Diagnosis and Management in the Philippines	<i>JL Yu</i>
1015-1045	PCBJD Keynote Lecture: The History of Hip Replacement and the Dev't of Registries	<i>DA Sherlock</i>
1045-1055	Open Forum	
1055-1130	Multimodal Analgesia: The Power of Synergy	<i>LS Kwong</i>
1130-1230	Lunch Symposium/Product Launch (BIOMEDIS)	[Isla I & II]
1300-1500	Business Meeting	[Isla I & II]
1600	Opening Ceremonies	[Isla I & II]
1800	Fellowship Night	[Isla I & II]

NOVEMBER 18 [Thursday]

0530	Run for Mon	[Veterans Memorial Medical Center]
0800-1500	POA/PBO Elections	[Foyer Area]

ICL I: Philippine Musculoskeletal Tumor Society (PMTS) [Mactan 1]

Soft Tissue Sarcomas: Evaluation and Management Principles

Moderator: EHM Wang

0730-0735	Welcome and Introduction to Topic	<i>EHM Wang</i>
0735-0750	Recognition of Soft Tissue Sarcomas: History, Physical Examination and Diagnostic Modalities	<i>DD De Vera, Jr.</i>
0750-0805	Principles and Nuances of Soft Tissue Sarcoma Surgery	<i>CD Dimayuga</i>
0805-0820	Complications of Diagnostic Approach and Treatment	<i>RS Claudio</i>
0820-0835	Adjuvant Chemotherapy and Radiotherapy for Soft Tissue Sarcoma	<i>JVM Akol</i>
0835-0855	Open Forum	
0855-0900	Closing and Awarding of Certificates	

**ICL II: Paediatric Orthopaedic Society of the Phils. (POSP) [Palawan 1]
Centennial of Legg-Calve-Perthes Disease**

Session Chair: JS Javier

0730-0750	History and Natural History of LCP	<i>CE Sumpaico</i>
0750-0820	Treatment Options & Long-term Outcomes	<i>DA Sherlock</i>

**SESSION I: Phil Society for the Surgery of the Hand (PSSH) [Isla 1 & 2]
Degenerative Arthritis in the Hand**

Session Chair: AC Gozum

Moderator: NS Orillaza, Jr.

0900-0920	Basal Joint Arthritis of the Thumb: Current Treatment	<i>Looi KP</i>
0920-0940	Wrist Arthroplasty and Arthrodesis: Principles and Indications	<i>Looi KP</i>
0940-1000	Finger Osteoarthritis: Current Status of and Issues in Diagnosis and Treatment	<i>NB Carilo</i>
1000-1010	Open Forum	

**SESSION II: Philippine Orthopaedic Trauma Society (POTS) [Isla 1 & 2]
Fragility Hip Fractures**

Session Chairman: AC Cañete

Moderators: LM Abrahan, Jr. & PCN San Pedro

1010-1025	Fragility Hip Fractures: The (Not So) Simple Truth	<i>M Bhandari</i>
1025-1040	Operative Treatment of Hip Fractures, Role of IM Nails & Post Hip Fracture Rehabilitation	<i>MJ Chehade</i>
1040-1055	End of life decisions and Hip Fracture	<i>MJ Chehade</i>

**SPECIAL SESSION I: Dr. Jose V. Delos Santos Sr. Memorial Lecture
(JVDSSML) [Isla 1 & 2]**

Session Chairman: LR Bonifacio

1055-1105	Introduction to the JVDSS Memorial Lecture	<i>EV Delos Santos</i>
1105-1110	Introduction of Speaker	<i>LR Bonifacio</i>
1110-1200	Translation of Orthopaedic Research to Clinical Practice: Applicability in Developing Countries	<i>M Bhandari</i>

LUNCH SYMPOSIUM I: Pfizer Philippines [Isla 1 & 2]

1215-1315	New Perspectives in Acute Pain Therapy: Evolving Strategies for Improved Patient Outcomes	<i>SA Schug</i>
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SPECIAL SESSION II: Phil. Orthopaedic Research Council [Isla 1 & 2]

Moderators: EHM Wang & JA Aguilar

1330-1415	Femoral Shaft Fractures: An Evidence-Based Approach to Providing the Best Treatment	<i>M Bhandari</i>
1415-1430	Open Forum	
1430-1515	Salvage Techniques for Failing Hips: Evidence from Longitudinal Studies	<i>DA Sherlock</i>
1515-1530	Open Forum	

SESSION III: Philippine Orthopaedic Society for Sports Medicine (POSSM) [Isa 1 & 2]

Issues in Sports Medicine

Moderators: AS Valdez & BFD Valdecañas

1530-1545	Pre-Participation Evaluation for Sports in the Elderly	<i>SMO Aycardo</i>
1545-1600	Sports Rehabilitation in the Elderly	<i>BG Tan-Sales</i>
1600-1610	Open Forum	

SESSION IIIA: POSSM Crossfire

Moderator: PB Bernardo

1620-1640	Double Bundle vs Single Bundle ACL Reconstruction	<i>AG San Juan</i>
	Double Bundle ACL Reconstruction	<i>JRC Canlas</i>
	Single Bundle ACL Reconstruction	
1640-1700	Arthroscopic vs Mini-Open Approach for Rotator Cuff Injuries	<i>AMV Molano</i>
	Arthroscopic	<i>AA Rivera</i>
	Mini-Open	
1730-1900	POA-Australian Orthopaedic Association Meeting	
1700	AO Meeting	[Mactan 1]
1900	PBO Night	[Palawan 1]
1900	President's Night	[E's Bar]
	POC Alumni	
	PGH Alumni	
	Free Night	

NOVEMBER 19 [Friday]

ICL III: Philippine Shoulder Society (PShS) [Palawan 1]

Moderator: AMV Molano

0730-0750	Proximal Humeral Fractures	<i>JAQ Jocson</i>
0750-0810	AC Joint Injuries	<i>MV Pecson III</i>
0810-0830	The Stiff Shoulder	<i>ACS Faller, Jr.</i>

ICL IV: Philippine Spine Society (PSS) [Mactan 1]

Management of Lumbar Spine Stenosis

Moderator: SAM Grozman

0730-0750	Direct Posterior Decompression: Still the Gold Standard for Surgical Treatment of Lumbar Spinal Stenosis	<i>JV Sembrano</i>
0750-0810	Indications for Fusion in the Management of Lumbar Spinal Stenosis	<i>AB Catbagan</i>
0810-0830	Does Interspinous Decompression Really Work?	<i>RC Bundoc</i>

SPECIAL SESSION III: FREE PAPER SESSION I [Isa I & II]

Moderator: JFC Syquia

0900-0906	The Impacted Varus (A2.2) Proximal Humeral Fracture In Elderly Patients Treated By Minimal Percutaneous Kirschner-Wire (K-Wire) Fixation: A Case Control Study	<i>DV Patel</i>
0907-0913	A Comparative Study of Clinical and Radiographic Outcomes of Unstable Colles Type Fractures Of The Distal Radius In Patients Older Than 65 Years: Nonoperative Treatment	

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	Versus Volar Locking Plating	<i>DV Patel</i>
0914-0919	Open Forum	
0920-0925	Functional Outcome of Non-Bridging External Fixator vs. Closed Reduction And Casting In The Treatment Of Distal Radius Fracture: A Randomized Controlled Study	<i>J Ang</i>
0922-0932	Management of Displaced Proximal Humeral Fractures in Geriatric Population; Percutaneous Reduction and External Fixation Vs Conservative Treatment: Prospective Randomized Controlled Trial of 81 Patients with Significant P Value	<i>AK Sharma</i>
0932-0938	Osteosynthesis in Proximal Humeral Fractures with Philos Plate in Geriatric Patients with Osteoporosis	<i>AK Sharma</i>
0939-0945	Open Forum	

SPECIAL SESSIONIV: FREE PAPER SESSION II [Palawan I]*Moderator: JL Lai*

0900-0906	Dilated Portals Vs. Traditional Stab Incisions In Knee Arthroscopy - A Randomised Control Trial	<i>R Rahim</i>
0907-0913	Interlocking of Intramedullary Nail after Bone Transport in Comminuted Tibial Shaft Fractures with Bone Loss Secondary to High Velocity Gunshot Injury in Adults	<i>RS Bravo, Jr.</i>
0914-0919	Open Forum	
0920-0926	Clinical Outcomes Of Surgically Treated Hip Fractures In Patients With End-Stage Renal Disease Receiving Long-Term Hemodialysis	<i>DV Patel</i>
0927-0933	Concurrent Fractures Of The Hip And Wrist In The Elderly: A Matched Analysis Of 38 Patients	<i>DV Patel</i>
0933-0939	Use Of Medical Comorbidities To Predict Perioperative Medical Complications After Hip Fracture Surgery In Elderly Patients	<i>DV Patel</i>
0940-0945	Open Forum	

SESSION IV: Phil Orthopaedic Trauma Society (POTS) [Isla 1 & 2]**Updates in the Fragility, Fracture, Fixation***Moderators: AC Canete & MB Geronilla*

1000-1020	Intracapsular Hip fracture	<i>JFC Syquia</i>
1020-1040	Extracapsular Hip fracture	<i>EVA Lim</i>
1040-1100	Distal femoral fractures	<i>EC Tenorio, Jr.</i>

SESSION IVA: POTS Crossfire*Moderators: RP Bergonio & EVA Lim*

1100-1200	Displaced Acute Femoral Neck Fracture in the Elderly: Management Options	
	To Fix	<i>JFC Syquia</i>
	Partial Hip Replacement	<i>MM Flavier</i>
	Total Hip Replacement	<i>LAC Leagogo</i>

LUNCH SYMPOSIUM II: Merck Sharpe & Dohme [Isla 1 & 2]*Session Chairman: LM Abrahan, Jr.*

1215-1315	Addressing Subtrochanteric Insufficiency Fractures of the Femur After Prolonged Bisphosphonate Treatment	<i>EVA Lim</i>
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Postoperative Pain Management in the Elderly with Fragility Fractures: Can we safely use COX-2 specific inhibitors? *MFT Dela Rosa*

SESSION V: Philippine Spine Society (PSS) [Isla 1 & 2]
Managing Degenerative Conditions of the Lumbar Spine

Session Chairman: JMF Ignacio

Moderator: DAG Dizon

1330-1350	Balloon Kyphoplasty: Minimally Invasive Treatment for Vertebral Compression Fractures	<i>B Tow</i>
1350-1410	Pathophysiology and Management of Degenerative Disk Disease	<i>JF Lin</i>
1410-1430	Lateral Fusion (LLIF/XLIF/DLIF) for Degenerative Disk Disease	<i>JVS Sembrano</i>
1430-1450	Minimally Invasive Solutions to Geriatric Spinal Conditions	<i>B Tow</i>
1450-1500	Open Forum/Break	
1500-1515	Adjacent Segment Degeneration in the Lumbar Spine; Causes and Surgical Strategies for Prevention	<i>O Osti</i>
1515-1530	Long Term Follow Up of Semi-Rigid Instrumentation in the Lumbar Spine	<i>O Osti</i>
1530-1600	The Degenerative Cervical Spine	<i>B McCormack</i>
1630-1900	Philippine Spine Society Meeting	
1900	Congress Banquet	

NOVEMBER 20 [Saturday]

ICL V: Assn. for the Study and Methods of Ilizarov (ASAMI) [Palawan 1]
Options for Management of Complicated Bone and Joint Infections

Session Chairman: JS Javier

Moderator: FPI Nicomedez & MAG Morales

0800-0815	Pathophysiology and Medical Management	<i>M Velmonte</i>
0815-0830	Options for Bone Loss Secondary to Osteomyelitis	<i>DV Dungca</i>
0830-0845	Options for Articular Destruction from Septic Arthritis	<i>JS Javier</i>
0845-0900	Open Forum	

SESSION VIA: Philippine Hip & Knee Society (PHKS) [Isla 1 & 2]
Hip Session

Session Chairman: GMS Azores

Moderator: RT Dela Rosa & FJF Diyco

0905-0915	Overview of Total Joint Replacement in the Provincial Setting	<i>JMR Coruña</i>
0915-0925	Total Hip Arthroplasty in Acute Femoral Fracture in the Elderly	<i>PB Bernardo</i>
0925-0935	Managing Recurrent Dislocations in Total Hip Arthroplasty	<i>TY Hong</i>
0935-0950	Hip Fractures in the Elderly	<i>B Cumberland</i>
0950-1000	THR Bearing Surfaces: Current Status	<i>CS Mow</i>
1000-1020	Open Forum/Break	

SESSION VIB: (PHKS) [Isla 1 & 2]

Knee Sessions

Session Chairman: PCN San Pedro

Moderators: RAT Ochoa & VP Garduce, Jr.

1020-1030	Total knee replacement in the elderly: Pearls and Pitfalls	<i>II Guloy III</i>
1030-1040	Managing Knee Instability in Primary Total Knee Arthroplasty	<i>TY Hong</i>
1040-1050	Total Knee Arthroplasty in Patients 75 Years Old and Older	<i>AN Tanchuling, Jr.</i>
1050-1100	Uni-Compartmental Knee replacement in the Elderly	<i>CS Mow</i>
1100-1115	Osteotomy for the Degenerative Knee	<i>RJ Bartlett</i>
1115-1130	Open Forum	

LUNCH SYMPOSIUM III: GETZ Pharmaceuticals [Isla 1 & 2]

1130-1245	Defining Treatment Options in Osteoarthritis Closing Ceremonies	<i>LDD Caro</i>
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SPECIAL SESSION V: Residents' Research Forum [Palawan 1]

1300-1400 (8 Papers)

REGISTRATION FEES

FELLOWS	P 3,000.00	FOREIGN DELEGATES	US\$ 300.00
RESIDENTS	P 1,500.00	FOREIGN RESIDENTS	US\$ 100.00
NON-FELLOWS	P 3,500.00		
ICL	P 200.00	<i>ACCOMPANYING PERSONS: P1,000.00</i>	

ACCREDITED HOTELS (PhP)

EDSA SHANGRI-LA HOTEL (Venue)

Superior	Single: 6,655.00	Double: 7,205.00
Tower De Luxe	Single: 7,200.00	Double: 7,750.00
De Luxe Garden	Single: 8,800.00	Double: 9,350.00

RICHMONDE HOTEL

Superior: 5,000.00	De Luxe: 5,500	Junior Suite: 7,000.00
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LINDEN SUITES

Executive	Single: 4,500.00	Double: 5,000.00
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CONTACT INFORMATION

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